

## **10 Tips to Good Rockpooling**

- 1: Take great care to know what the local tides are like and what time they are high and low. It is far too easy to get cut off in areas you are unfamiliar with.
- 2: Take care in extreme weather conditions, Algae and Seaweeds can be very slippery after it has rained or just after a high tide. Combine this with sharp rocks and there is a lot of trouble to be had!
- 3: Use short handled nets rather than long handled ones as you have much more control over them.
- 4: Do not leave litter on the beach when you leave, certain items can be hazardous to the environment or can be swallowed and choke larger animals and birds
- 5: To get the most from your rockpooling experience you should take a good ID guide to help you identify the creatures and seaweeds you will find!
- 6: Do not pick up any animal that you are unsure of as some contain venom or sharp spines. Brightly coloured animals may use this as a warning!!
- 7: Always handle rockpool animals with wet hands.
- 8: Always return rocks and seaweed to where they were found as things will be living on the underside
- 9: Return all creatures to the position where they were found after as short a time out as possible, remember most of these animals need to be underwater to breath!
- 10: Lastly and most importantly never go rockpooling on your own, the beach is a dangerous place. Always ensure that someone knows where you are at all time and when you will be back!